

# Caring Professions

## Pearson BTEC Level 4 HN Flex Unit 1: Personal and Professional Development through Reflective Practice

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**Campus:** North Notts College - Bridge Skills Hub

**Code:** W09HE03

**Type:** Part Time

### About This Course

This 15-credit Level 4 HN Flex unit develops reflective practice, professional identity and continuing professional development for early years education and care.

### What Will I Study?

You will review principles and purposes of reflective practice, use reflection models and techniques, create a professional development plan, and evaluate interactions with children, caregivers and colleagues

### Why Study Here?

Study a focused Level 4 unit while strengthening reflective practice, leadership behaviours and workplace performance with support from experienced early years staff.

### Entry Requirements

Applicants normally need a relevant Level 3 qualification, Access to HE Diploma, A Levels, or appropriate industry experience. Entry and prior technical knowledge are discussed at interview.

### How To Apply

## What Courses Can I Progress Onto?

Successful completion provides 15 Level 4 credits and a Pearson Certificate of Unit Credit. The learning supports progression to further HN Flex units or a relevant Higher National qualification through recognition of prior learning or top-up, subject to Pearson rules and college approval.

### **PLEASE NOTE**

We make every effort to ensure information within our online course directory is accurate and a true representation of the courses we are offering in 2026-27. However, we do reserve the right to make changes if necessary.

**Last updated:** 23rd August 2026